

# What We Do

# Support through Separation

Quick access to help, advice and counselling if you have separated or are thinking about separating from your partner.

### Family and Relationship Counselling

Our counselling services promote respectful and positive relationships for individuals, couples and families.

#### Family Dispute Resolution

Assists separated families to make plans for their children and property after separation.

#### Children's Counselling

For children whose parents are separated or at risk of homelessness.

#### Children's Contact Service

A safe, supervised transfer of children from one parent/carer to another. We also offer supervised visits.

### **Parenting Support**

A service for parents and caregivers to develop simple and effective parenting strategies.

## **Gambling Help**

Counselling and support for individuals and families affected by gambling.

#### **Courses and Workshops**

We regularly offer education programs to strengthen relationships or to learn positive parenting strategies.

**Yes!** Our services are confidential

Yes! We can see you in your town

**Yes!** We offer after hours appointments

**Yes!** Our services are *free of charge* 

RELAO